

ANNUAL REPORT 2022

ALAM SEHAT LESTARI



Alam Sehat Lestari

alamsehatlestari.org

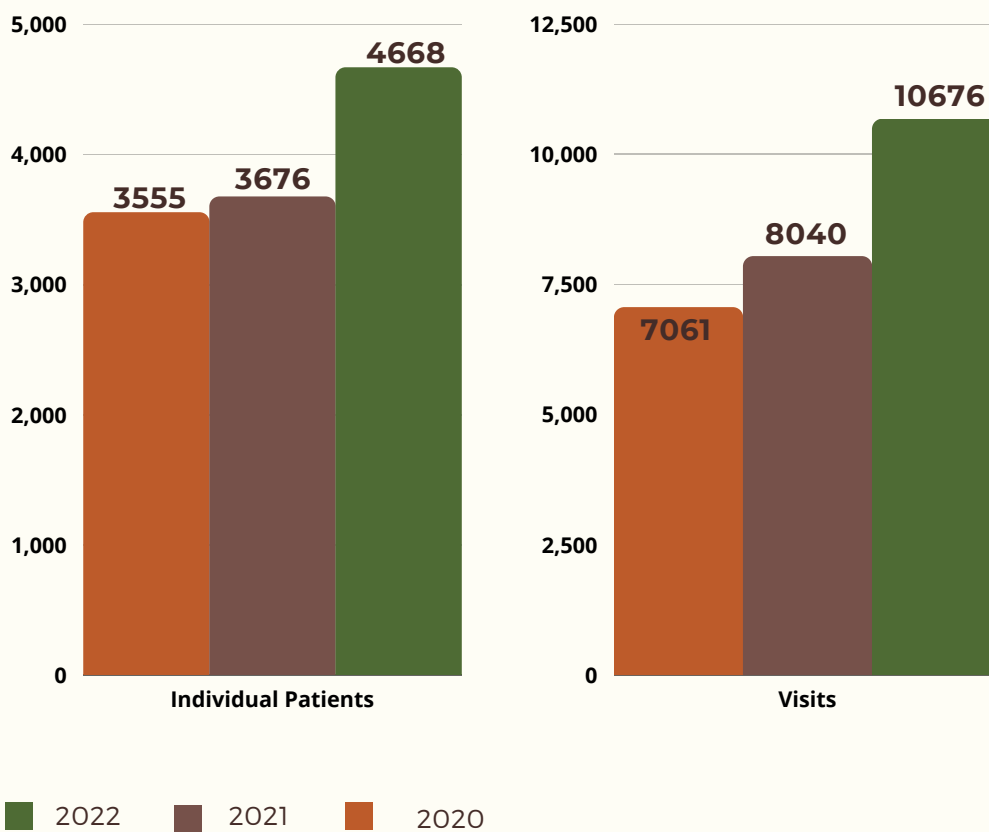
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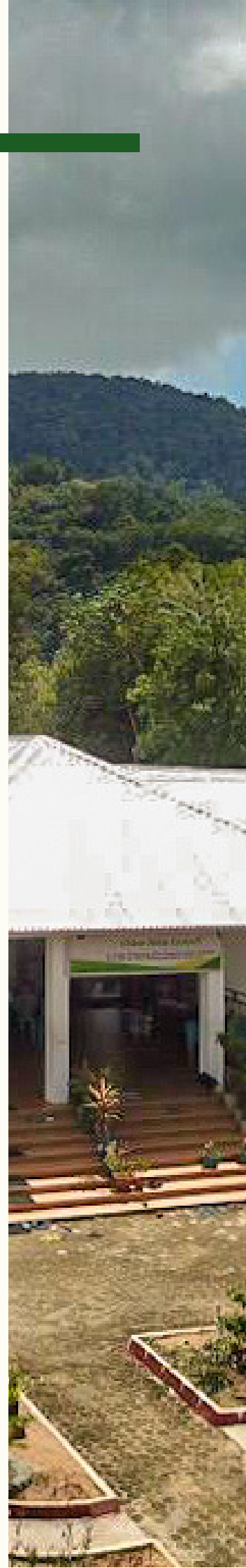
Health In
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HEALTHCARE SERVICES

Visits and Diagnoses



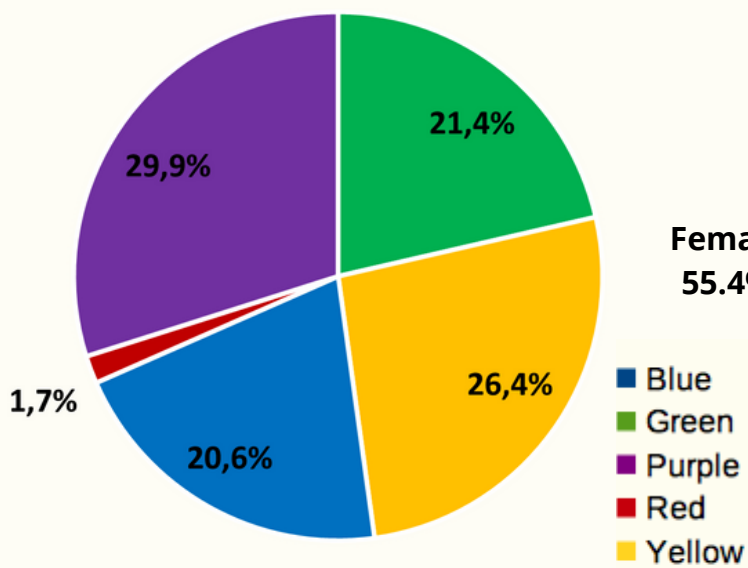
After being low during the covid years (2020-2021), the number of patients and visits started to back to normal in 2022.



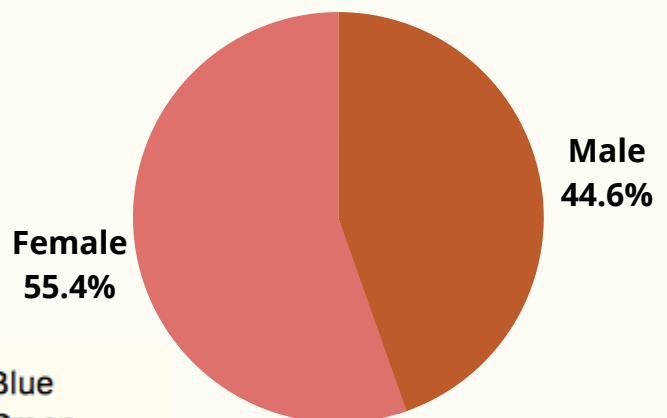
HEALTHCARE SERVICES

Visits and Diagnoses

• Visits By Eco-Status



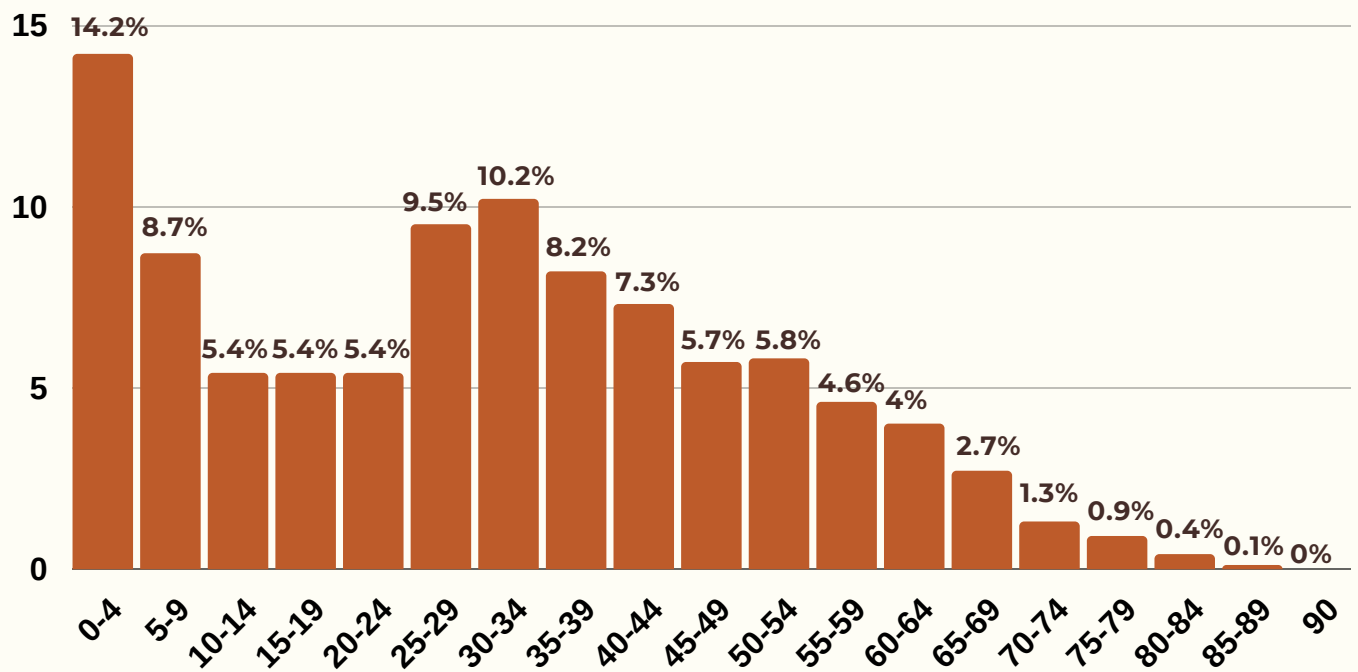
• Visit By Gender



HEALTHCARE SERVICES

Visits and Diagnoses

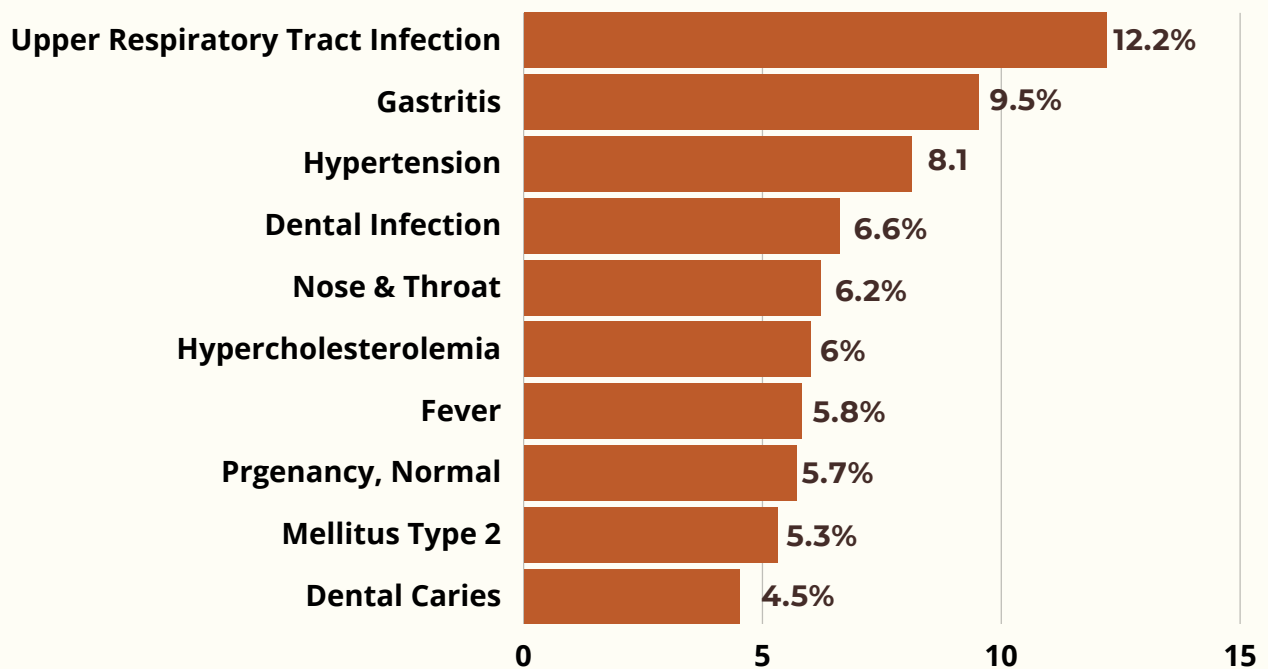
- Visits By Age



HEALTHCARE SERVICES

Visits and Diagnoses

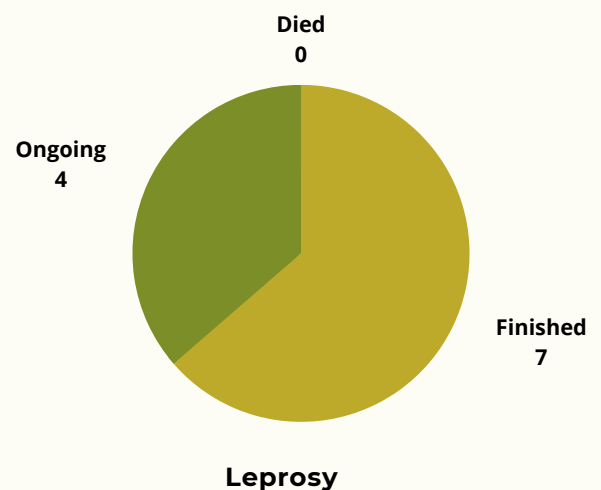
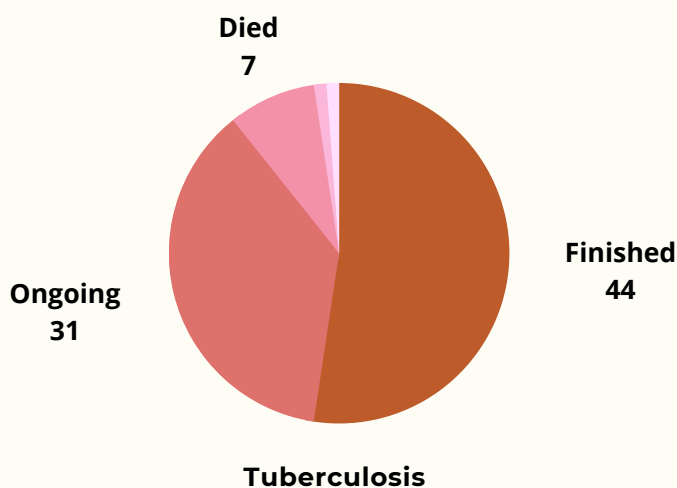
- **Top Ten Diagnoses**



HEALTHCARE SERVICES

The DOTS Strategy for controlling TB and Leprosy

ASRI's Directly Observed Treatment Short-course (DOTS) ensure that every tuberculosis (TB) patient takes regular doses of their medication. In 2022, 10 DOTS workers and 1 DOTS Coordinator helped 84 TB patients and 11 leprosy patients.



HEALTHCARE SERVICES

Mobile Clinic

Mobile Clinic provides medical services to patients in remote areas. Monthly, ASRI's Mobile Clinic visited Jihing sub-villages in Kayong Utara District.

11 TRIPS IN JIHING

460 PATIENTS VISITS

442 INDIVIDUALS

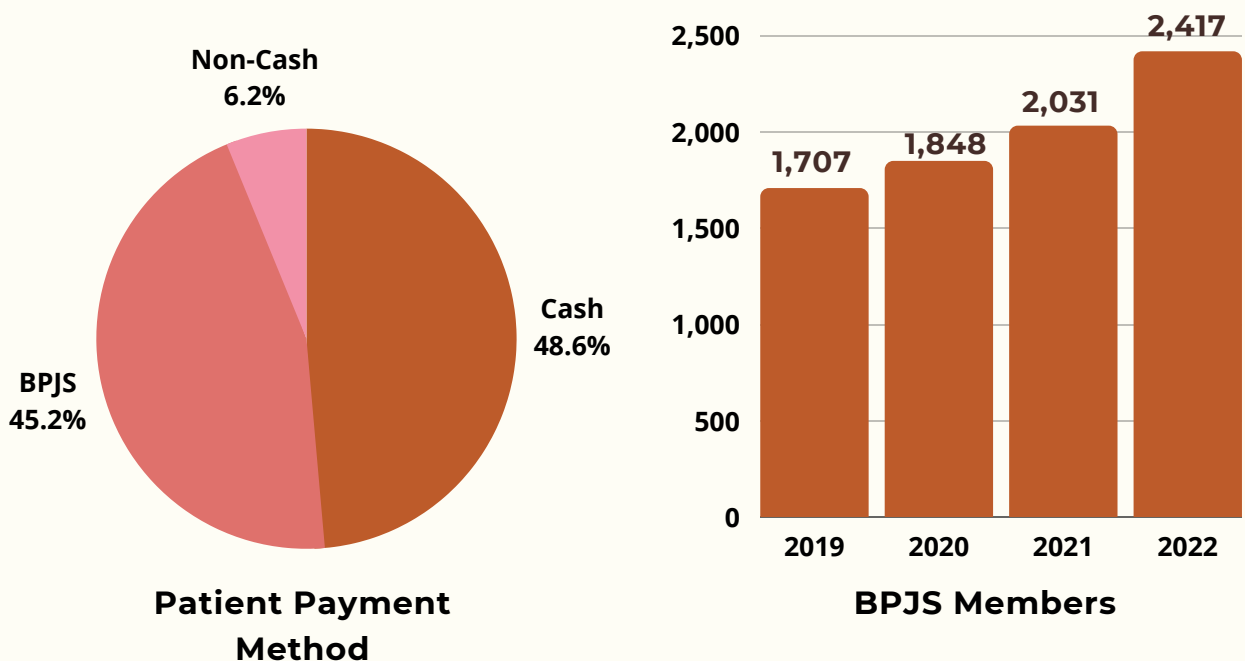


HEALTHCARE SERVICES

BPJS (Indonesian National Health Insurance)
and Non-Cash Payments

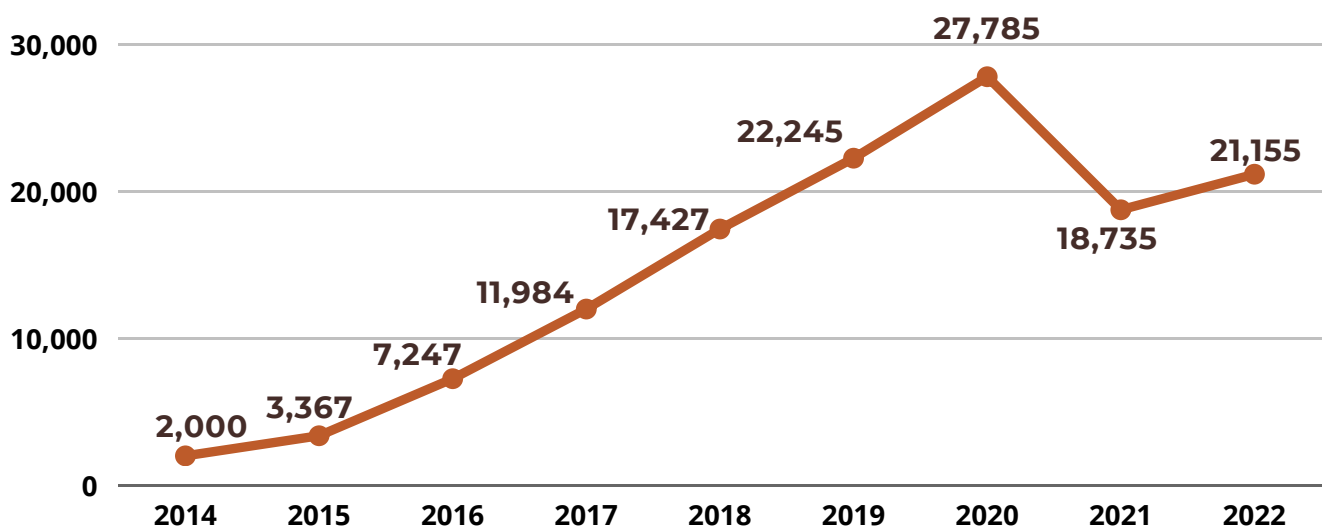
- **BPJS**

The number of BPJS members who choose ASRI as their primary-care facility increased by 386 members in 2022



HEALTHCARE SERVICES

Seedlings as a Non-Cash Payment



Many of the seedlings (about 32%) were from community in Pangkalan Jihing, the village where ASRI does Mobile Clinic.



HEALTHCARE SERVICES

COVID-19

- **Covid-19 Vaccination**

ASRI actively helps government by conducting vaccination in the clinic. At ASRI clinic in Sukadana: **241** were given for first dose, **457** were given for second dose, **398** were given first booster, and **26** were given second booster.



CONSERVATION

Chainsaw Buyback

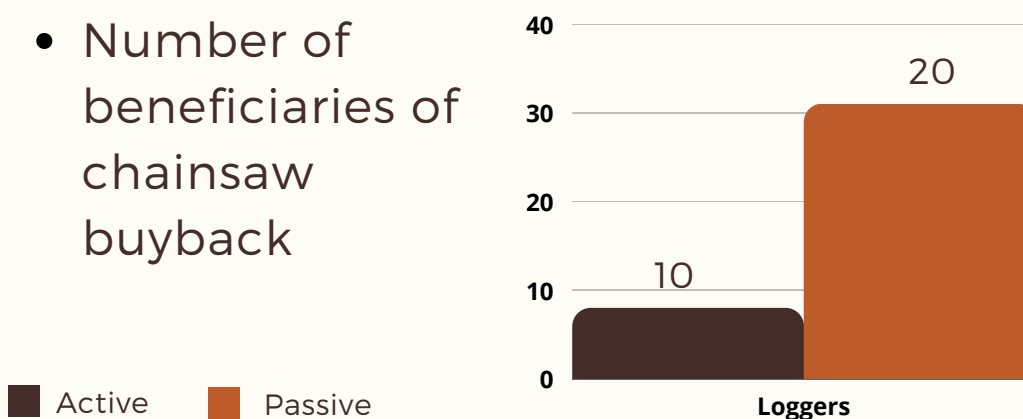
- Percentage of active chainsaw buyback beneficiaries who did not return to logging

97.5%

- Number of new types of businesses undertaken by beneficiaries of chainsaw buybacks

20

- Number of beneficiaries of chainsaw buyback



- ASRI made 10 machetes from bars and 1 cultivator from chainsaws handed over by loggers who joined the chainsaw buyback program



CONSERVATION

Chainsaw Buyback

- Simple financial management (MSME) training for chainsaw buyback beneficiaries

**125
sessions**

- Monitoring of chainsaw buyback beneficiaries

**421
sessions**



CONSERVATION

Sustainable Agriculture

- Number of farmer groups receiving sustainable agriculture assistance (organic-manufacturing of fertilizers, pesticides, herbicides) **7**
- Number of active farmer groups **7**
- Assistance for sustainable farmer groups **7 sessions**

In 2022, ASRI uses a different way to assist farmer groups by gathering big groups in one place for training.



CONSERVATION

Goats for Widows

• Assistance for the widow of the goat owner	191 sessions
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• Number of new widows joining the ASRI program	15
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• Number of goats returned to ASRI	6
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• Number of goats	313
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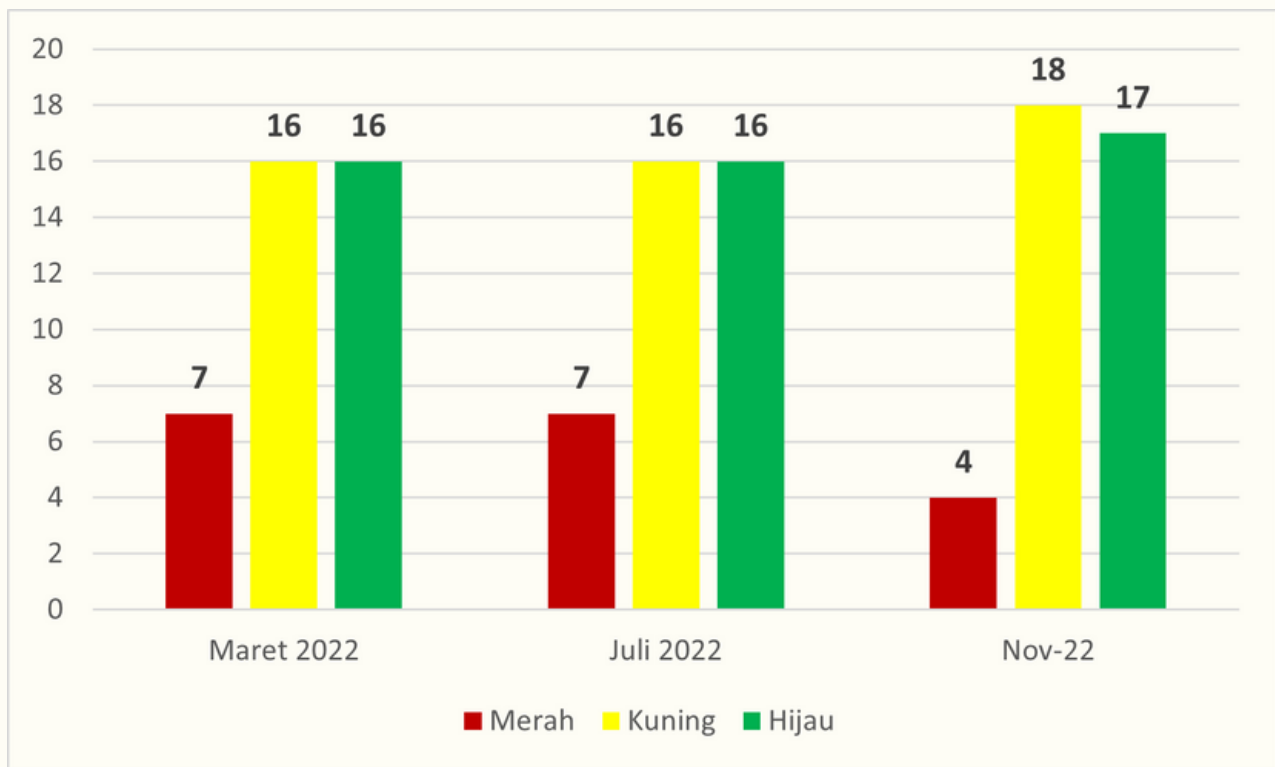
• Number of widows	110
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CONSERVATION

Deforestation Monitoring

- Number of sub-villages by eco-status



CONSERVATION

Deforestation Monitoring

- **Number of sub-villages by eco-status**

• Monitoring of deforestation conditions in each sub-village (logging and cultivation)	144 times
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• Analysis and reporting of sub-village eco-status	3 times
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• River monitoring	5 times
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CONSERVATION

Forest Guardians

- Number of people who received socialization from Forest Guardians **10,440**

- Socialization of Forest Guardian in the community about reducing deforestation activities and the eco-status of the sub-village" **351**

- Forest Guardian routine meeting **12 sessions**



CONSERVATION

Reforestation

- **Number of area reforested in Laman Satong (intensive planting)** **15.5 Ha**

- **Number of area reforested in Sedahan Jaya (orangutan wildlife corridor)** **14 Ha**

- **Number of area reforested in Mentubang (Garden to Forest)** **7.5 Ha**

- **Number of area reforested in Sebadal (Garden to Forest)** **42 Ha**

- **Number of Eco Polybags from 7 groups** **42,229 pcs**



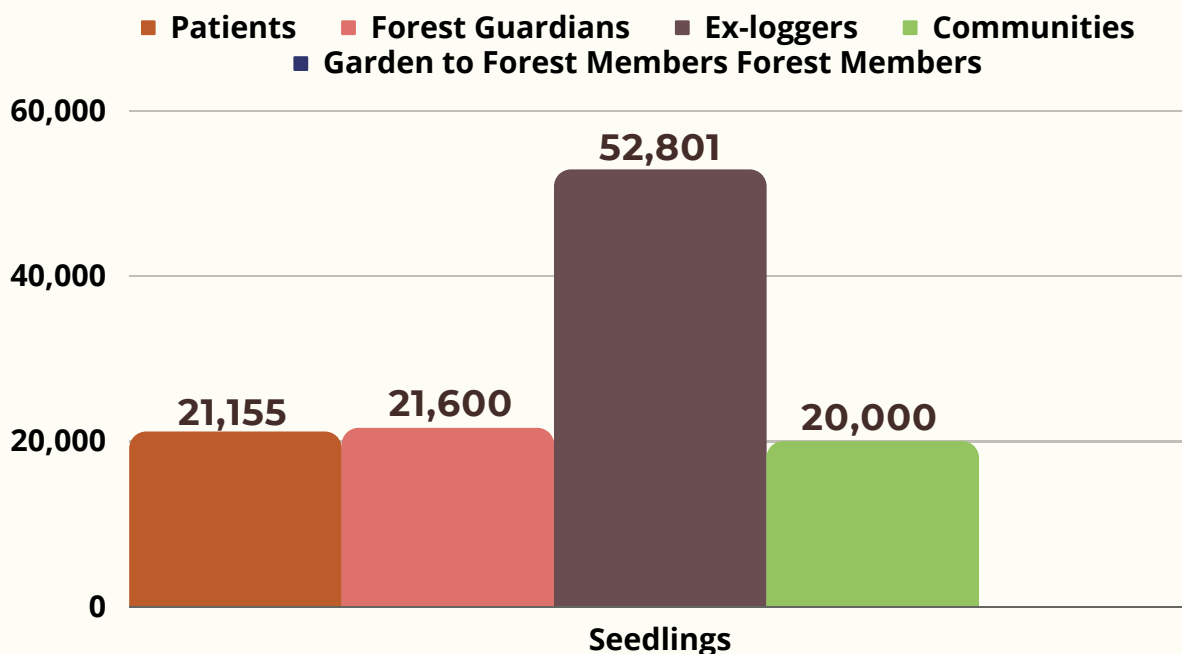
CONSERVATION

Reforestation

- Number of seedlings planted through Seedling Adoption Program **1,875**

- Number of planted seedlings **131,818**

- Number of seedlings received from the patients, forest guardians, ex-logger, communities, and garden to forest members



PLANETARY HEALTH EDUCATION

Outreach

- **ASRI Kids**

Session : 42

People : 16

- **ASRI Teens**

Session : 37

People : 33

- **In Clinic Waiting Room**

Session : 13

People : 198

- **In Villages**

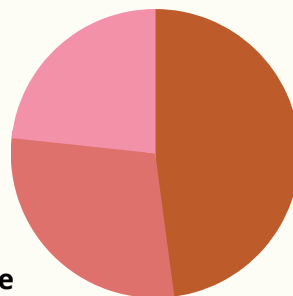
Session: 25

People : 781

Childrens
23.3%



Female
28.8%



Male
47.9%



PLANETARY HEALTH EDUCATION

Field Courses & Volunterraing

In 2022, ASRI hosted **8 visitors** from United State, United Kingdom, and Mexico.

- 1 Medical Professional**
- 1 Professional Education Exchange**
- 4 HIH staff**
- 1 Film maker for ASHDEN Award**
- 1 Student**



PLANETARY HEALTH EDUCATION

Planetary Health Classes, Planetary Health Talks & Planetary Health Talks

- **Planetary Health Classes**

In 2022 ASRI started to hold offline events again, as it was before Covid, especially the Planetary Health classes. The audience are teachers, junior and high school students, ASRI Staff.

**Planetary Health Classes for teachers
in Kayong Utara**

**19
people**

**Planetary Health Classes for students
in Kayong Utara**

**92
people**

**Planetary Health Classes for students
in Kayong Utara**

**66
people**



PLANETARY HEALTH EDUCATION

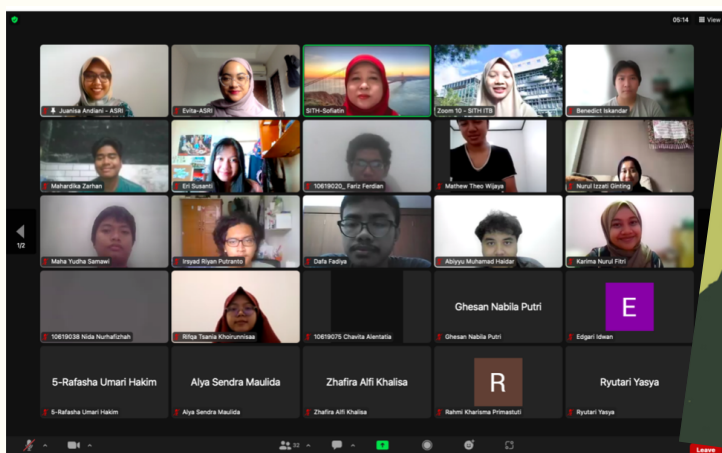
Planetary Health Classes, Planetary Health Talks & Planetary Health Talks

- **Planetary Health Talk**

In 2022, ASRI held 3 online events to explain Planetary Health and ASRI's programs as Planetary Health in Action by organizing Instagram Live. 1 online video podcast as a guest in Yayasan Bakti channel YouTube. **The total views who watch PH Talks online were 1,606 views.**

- **Planetary Health Lecture**

IPB and Oxford University have learned about Planetary Health and ASRI's programs as Planetary Health in Action virtually. **There were 40 people who participated in the Planetary Health Lecture.**



BUKIT BAKA BUKIT RAYA SITE

Planetary Health Education

- **ASRI Kids**
Session : 20
People : 197
- **ASRI Teens**
Session : 20
People : 125
- **In Clinic
Waiting Room**
Session : 27
- **In Villages**
Session: 76
People : 991
- **Field Trip ASRI Teens to Belaban**
People : 28
- **Field Trip ASRI Kids to Seligi Hill**
People : 19
- **Mini Library in Mawang Village**
Visited by 663 people
- **Mini Library in Nusa Poring Village**
Visited by 797 people



BUKIT BAKA BUKIT RAYA SITE

Healthcare Services

- Number of individual patients at ASRI Clinics (non-mobile) **1,131**

- Number of individual patients (Mobile Clinic) **346**

- Number of individual patients (Mobile Clinic in Rantau Malam Village and Blaban Ella) **772**

- Number of dental care patients **4**

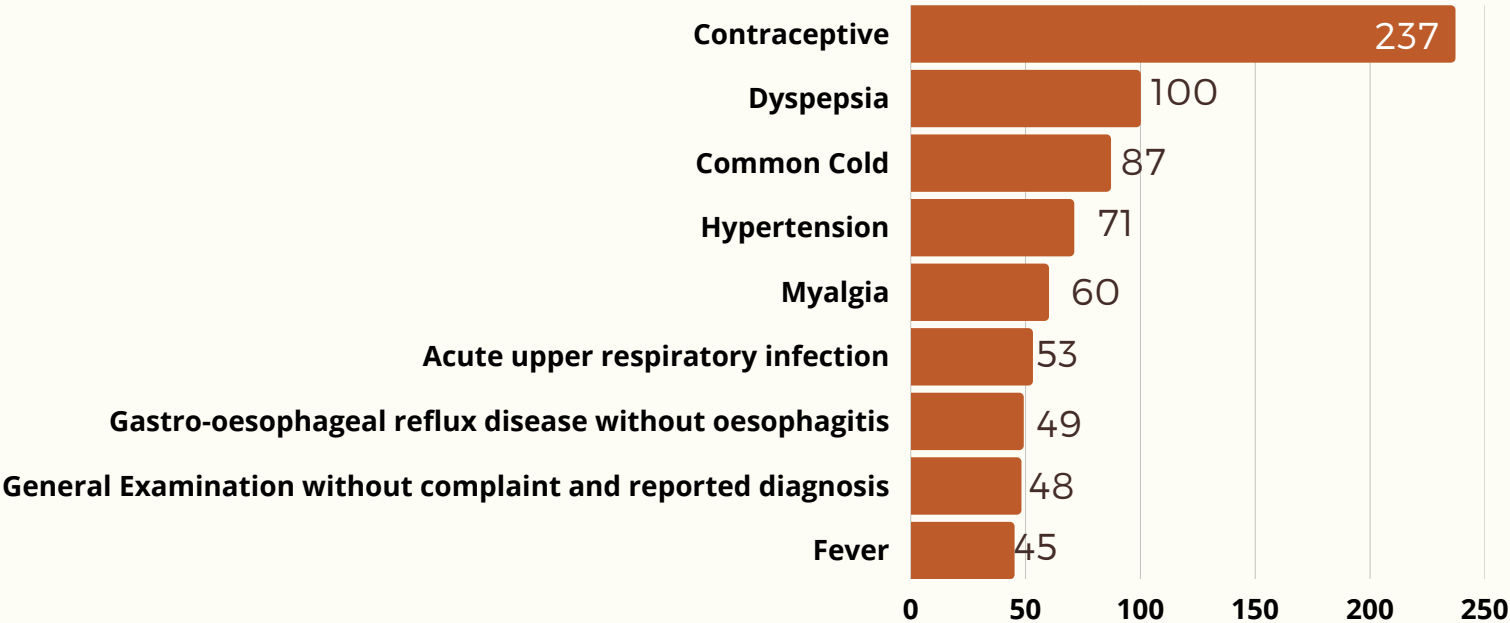
- Shaman training participant **5 people**



BUKIT BAKA BUKIT RAYA SITE

Healthcare Services

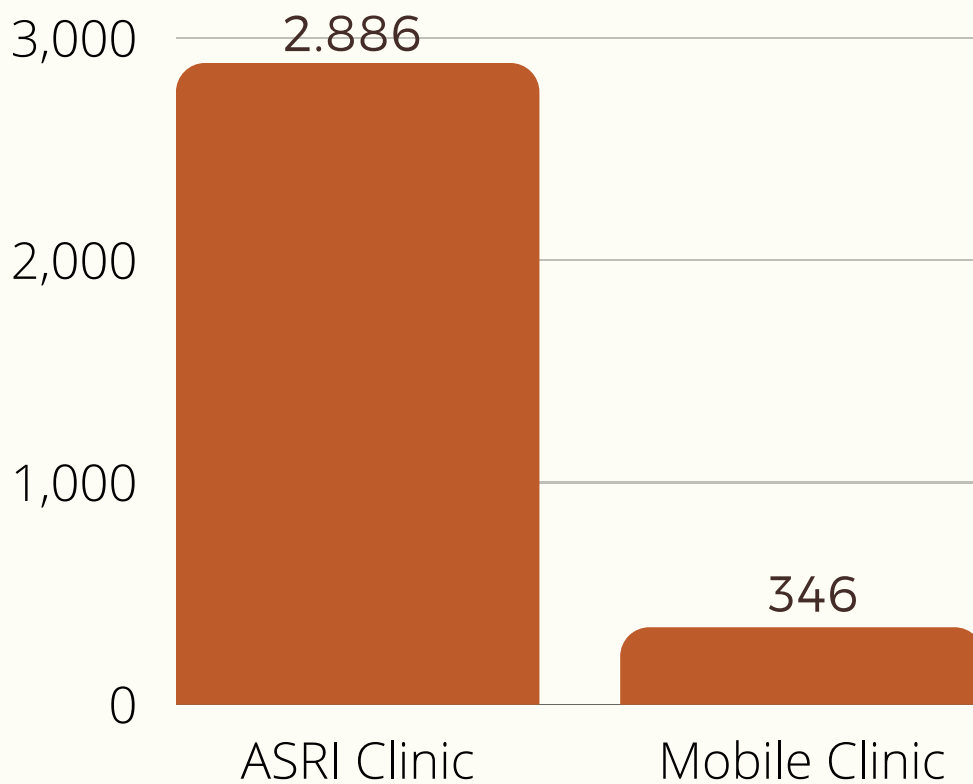
- Top Ten Diagnoses



BUKIT BAKA BUKIT RAYA SITE

Healthcare Services

- **Number of visits for treatment and care (at ASRI clinic & mobile clinic)**



BUKIT BAKA BUKIT RAYA SITE

Healthcare Services

- **The DOTS Strategy for controlling TB**

Number of TB Worker meeting activities	10 Sessions
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Number of patient monitoring activities by PMO coordinator and doctor	10 Sessions
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TB patients who did not drop out	95%
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BUKIT BAKA BUKIT RAYA SITE

Sustainable Agriculture

- **Number of active farmer groups** **9 groups**

There are already 2 farmer groups registered and legalized by the National Park Office.

- **Number of households implementing sustainable family gardens** **150 household**

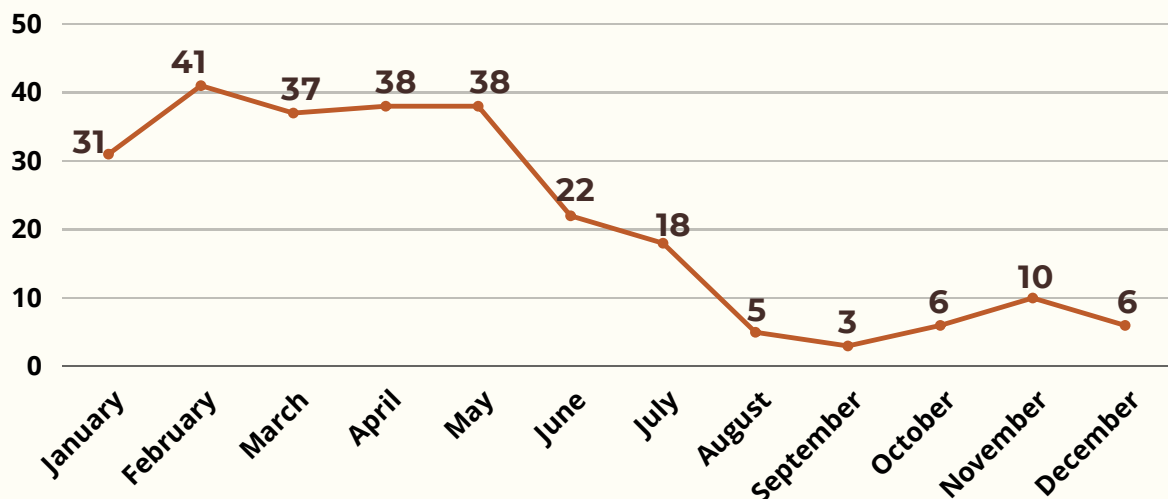
- **Assistance for sustainable farmer groups** **12 sessions**



BUKIT BAKA BUKIT RAYA SITE

Conservation - Forest Guardians

- The number of illegal logging activities found by Forest Guardian



- Number of Female Forest Guardians 9 people
- Number of Male Forest Guardians 8 people



BUKIT BAKA BUKIT RAYA SITE

Conservation - Forest Guardians

- | | |
|--|-------------|
| • Forest Guardian routine meeting | 10 sessions |
| • Monitoring deforestation in each sub-villages | 12 times |
| • Monitoring of hunting for wild animals and swallow houses | 12 times |
| • River monitoring | 12 times |
| • Socialization of Forest Guardian in the community about reducing deforestation activities and the eco-status of the sub-village" | 12 times |
| • Number of sub-villages by eco-status | |
| Green eco-status : 0 sub-village | |
| Red eco-status : 9 sub-villages | |



BUKIT BAKA BUKIT RAYA SITE

Conservation - Reforestation

- | | |
|--|-------|
| • Number of seedlings received from the patients | 5,475 |
| • Number of seedlings received from forest guardians | 2,000 |
| • Number of tree seedlings planted | 5,629 |
| • Number of area reforested in Nusa Poring Village | 12 Ha |



BUKIT BAKA BUKIT RAYA SITE

Conservation - Chainsaw Buyback

- Number of participants in the socialization of Chainsaw Buyback program

135
people

- Number of beneficiaries of Chainsaw Buyback
6 people in Nusa Poring Village
4 people in Mawang Mentatai Village



MARKETING COMMUNICATION

ASRI in Sukadana and in BBBR

- Gain 2,000 new followers and 377 tree seedling adopted during The Guardian Tree campaign
- ASRI's instagram followers increased from 11,400 to 13,900
- 1 video about TB in ASRI - BBBR
- Held book donation campaign for ASRI - BBBR's library
- 7 articles about ASRI - BBBR published in ASRI's website



MARKETING COMMUNICATION

ASRI in Sukadana and in BBBR

- Organized 2 challenges on ASRI's Instagram and 1 giveaway on ASRI Clinic's Instagram to raise health awareness, planetary health awareness, and gain more support
- Organized 6 Instagram Live Streaming for celebrating ASRI's anniversary and Tree Seedlings Adoption
- Organized 1 of 4 podcast video about ASRI Program
- Contributed to the making of the Planet Protectors 2 video.



ASRI'S PARTNERSHIP

Fundraising Achievement

- **NORMAL PEOPLE** - Tree seedlings adoption from clothing sales (even though the sales are not much, but this is good for increasing awareness that anyone can contribute to protecting the forest)
- **MAYBANK** - 1 Ha planting and nursery training for the community, and monitoring
- **GAUDI CLOTHING** - Tree seedlings adoption to be part of the PR package
- **Hutan Itu Indonesia X ImagiSpace** - Tree seedlings adoption as an entry ticket donation to The Universe of Us exhibition at Ashta District 8 in Jakarta. The tree seedlings adoption collected are 1,184 and it will be planted
- **The Asian Parents (TAP)** - Cooperation in adopting 500 tree seedlings for TAP users and assistance with ASRI publications and social media exposure



ASRI'S PARTNERSHIP

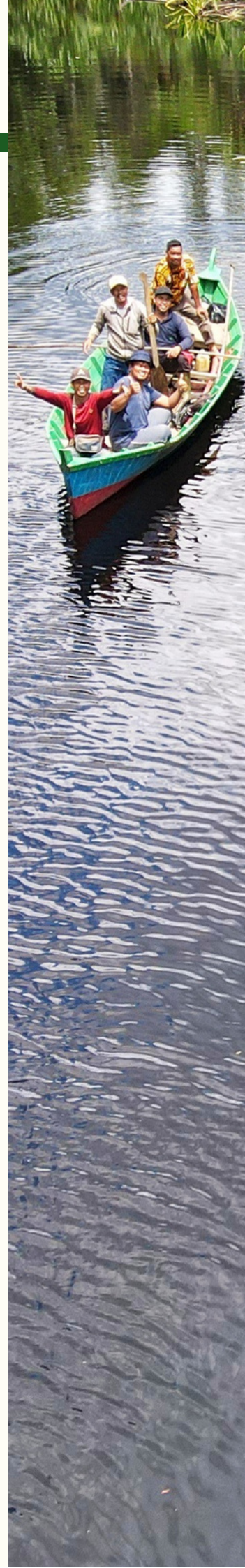
Communication Achievement

- **Contentro** - Cooperation in the publication of ASRI activities to various national media
- **Team Up for Impact** - Campaign Collaboration
- **Gunung Palung National Park Office** - Evaluation and formation of work plan 2022
- **Bukit Baka Bukit Raya National Park Office** - Evaluation and formation of work plan 2022
- **BBKSDA Papua and West Papua** - Meeting and coordination four times
- **Forum 27an in Jatiwangi Art Factory, Majalengka** - Exhibition and presentation of ASRI programs
- **National Nature Conservation Day in Bali** - ASRI participated in the exhibition by providing support to BBR National Park and GP National Park
- **PT ABT-WWF, Jambi** - Radical Listening and Baseline Survey Consultancy



RESEARCH AND DATABASE

- Analyzing deforestation using satellite imagery for a **COVID-19 resilience study**, the results showed that both before and during the pandemic, deforestation rates and other activities that damage nature decreased. Furthermore, communities in ASRI's working areas were more economically and ecologically resilient before and during the pandemic. Deforestation rates in ASRI's working areas were always lower than in other areas, and despite having access to rich natural resources, communities did not choose unsustainable occupations.
- In 2021 - 2022 conduct a **socio-economic survey**. The results were monthly income, organic farmers and MSMEs did not increase significantly after the training, but they feel more prosperous.
- **The analysis of soil erosion in the National Park area** has been completed with the results that the erosion-prone areas are centered in the east of TNGP and there is a slight increase in erosion levels at several points from 2009 to 2020



RESEARCH AND DATABASE

- Installation of **6 camera traps** in Laman Satong and Sedahan, and the results found 47 fauna species in reforestation areas
- Survey of the peat ecosystem in Bayas, and the results found **24 lists** suitable for planting
- Survey of herpetofauna in peat ecosystems, and the results found 45 species of species
- ASRI 15-year survey to **1,444 house hold in 24 villages**
- Camera trap training to conservation team by Gunung Palung National Park staff
- Commcare Database System training
- Land cover analysis in GPNP and BBR NP by consultant



TANAH PAPUA PROJECT

- Field Visit to Sukadana for community representative (Papua & West Papua)
- Radical Listening 2 in Jayapura, Papua and Miyah, West Papua
- Pre-Survey in Mubrani, West Papua
- Radical Listening & Baseline Survey in Mubrani, West Papua
- Meeting with stakeholders in Manokwari
- Meeting with stakeholders in Tambrauw, West Papua
- Meeting with GIZ in Jakarta
- Meeting with stakeholders in Papua & West Papua
- Final meeting with stakeholders in Jakarta
- Field visit to Sukadana for local authorities (Papua & West Papua)



WHAT'S NEW

- ASRI won the **2022 Ashden Award for Natural Climate Solutions**
- ASRI Executive Director shared stories about ASRI at **National Geographic Explorer Spotlight ASIA 2022** in South Korea



WHAT'S NEW

- **20 Radical Listening sessions** have been held in 20 villages around the Gunung Palung NP area. Farming training and healthcare are commonly asked by the communities.
- ASRI Provided **Radical Listening training, Household survey training and field visit experience** to the program team of PT. ABT Jambi, as a consultancy work done with ASRI and HIH, funded by WWF.
- Etty, ASRI's Planetary Health Education Manager attended **Southeast Asian (SEA) Gathering** in Thailand sharing and learning about sustainable agriculture.



WHAT'S NEW

- Environmental education to the community on Water Saving in 8 sub-villages, **distribution of Water Barrels to 185 households**, and repair of water channels in 1 neighbourhood (RT)
- **215 families from two villages** in the ASRI replication site in BBBR received toilet construction assistance

